

# SISTERS...

Who are they?

What do they do?



## FRANCISCAN SISTERS *of Christian Charity*

Check out our  
Song of the Month.

920.682.7728  
920.323.9632

<https://fsc-calledtobe.org>

Share your faith on our website.



THE WORLD NEEDS YOU. GOD CALLS YOU. WE INVITE YOU.

# Write Your own prayer

Dear Jesus,

I look to you to  
help me in my life.

Teach me your ways  
so that I will always  
come to you.

Your friend,

---

---

---

---

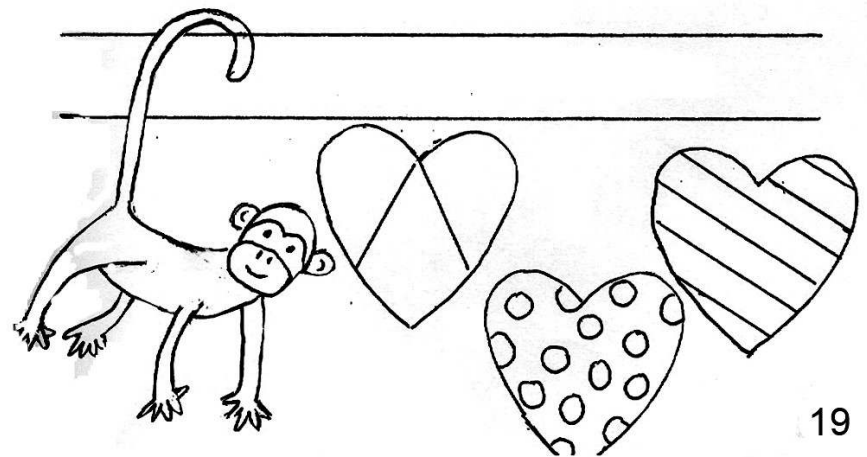
---

---

---

---

Now read what you traced  
as a prayer.



# Simple Prayers



Take my hand, Jesus,  
and walk with me.

Don't let me be alone.

Thank you, Jesus, for  
blessing me with my  
family and my friends.  
You love me and keep  
me close to you.

You, O Lord, made me to be  
who I am now, and in this  
very moment. All you have  
made helps me see the  
love you have for me and  
your care for me. Amen.



Ideas for you

Family

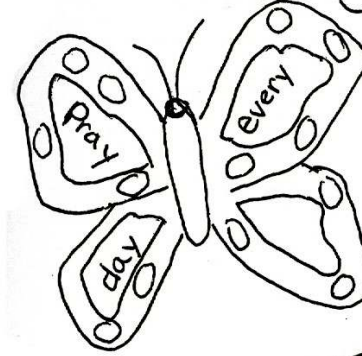
Your

with

Mass

to

Go



Help others.  
Don't wait  
to be asked.



Do your best. Work hard.  
Be kind.

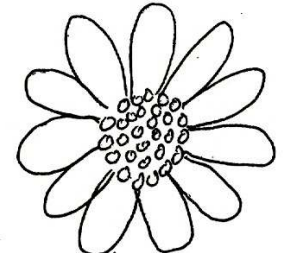
Talk to your parents

or teachers

about what you'd

like to do.

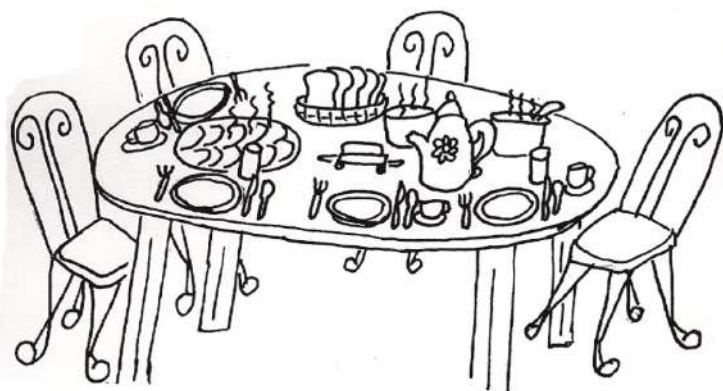
Then pray about  
what they said.



Ask God  
what He wants

you to do with  
your life.

The Sisters live together like a family in a Convent, their home. There they pray together, have fun together, and take care of cleaning their home. They take turns making meals for other Sisters and they eat their meals together at table.



Glossary:

**Sisters** - women who give their lives to God and who live with other Sisters.

**Family** - a group of people living together

**Convent** - the home where Sisters live together

### Glory Be

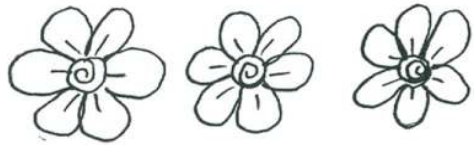
'Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now and ever shall be, world without end. Amen.

### Guardian Angel

Angel of God, My Guardian Dear, to whom His love commits me here, ever this day be at my side, to light and guard, to rule and guide. Amen. '

### The Apostles' Creed

I believe in God, the Father Almighty, Creator of heaven and earth; and in Jesus Christ, His only Son, our Lord; who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; He descended into hell, the third day He arose from the dead; He ascended into heaven, and is seated at the right hand of God, the Father Almighty; from there He shall come to judge the living and the dead. I believe in the' Holy Spirit, the Holy Catholic Church, the Communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.



### Our Father

OUR FATHER, who art in heaven, hallowed be Thy name. Thy kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation but deliver us from evil. Amen.

### Hail Mary

Hail Mary, full of grace; the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

### The Blessing Before Meals

Bless us O Lord, and these Thy gifts, which we are about to receive from Thy bounty, through Christ our Lord. Amen.

### Grace After Meals

We give Thee thanks, almighty God for all Thy blessings, which we have received from Thy bounty, through Christ our Lord. Amen.

The Sisters do a lot of different **works**. They teach in schools where the children learn their prayers, math, reading, spelling, and science, to name a few.



### Glossary:

**Works** - to make or do something you're good at: a job

What are you good at? \_\_\_\_\_



The Sisters work in clinics, nursing homes, or in hospitals.

They cook for the Sisters at the homes they live in.

They also help out in the parishes working with the people.

They do office work. They are busy. They work for God.

Glossary:

God - Father of Jesus and of us

## Word Search Words

BIBLE

CHAPEL

CHASTITY

CONVENT

FAMILY

GOD

HABIT

JESUS

JOYFUL

LOVE

MARY

MASS

OBEDIENCE

POVERTY

PRAYER

ROSARY

SAINTS

SISTERS

VEIL

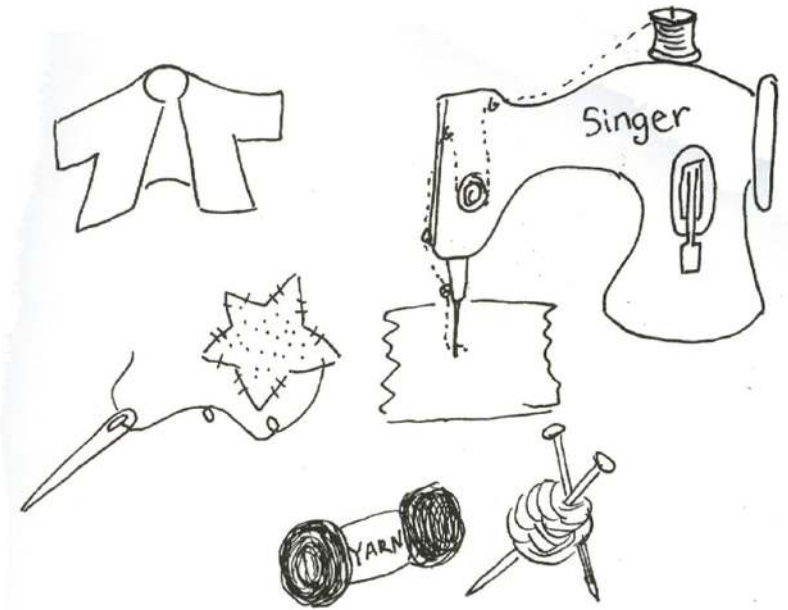
VOWS

WORK

How did you do? \_\_\_\_\_

## Word Search

O B E D I E N C E A H L D R V F D  
 J O Y F U L N P M A R Y B S S A M  
 S O L C B N R Y O P P N H S M N  
 Y D E H N O E M R L V E I L P I T  
 X C H A S T I T Y S K G L J F L E  
 O S I B L O A V O P R S T C R Y W  
 G I Z I Q T Z N U R V U W P Z O V  
 M T F T H A C D I R O S A R Y E B  
 X B D F T Y M O K Y W V O A A J A  
 Y S O E S I S T E R S T K Y S G H  
 D N D J A F C E R P Y Y J E Z U E  
 C A P E I B K S Z G S A F R Y O J  
 B V D M N C Q R W C B P C A R Y T  
 B A L L T T H E P O V E R T Y T O  
 G I F T S S O L E N M A N C R U E  
 W O R K F D R O P V J A M G Y T K  
 J T P A H C H A P E L F L O V E E  
 Y X Z T R P C A E N P A N D A V E  
 Y D E B X L A M E T Q E F B E A N  
 E L B I B M P W J K F S J E S U S



Some sew or make things for others. What the Sisters do, they do it because they love Jesus and do it joyfully

Glossary:

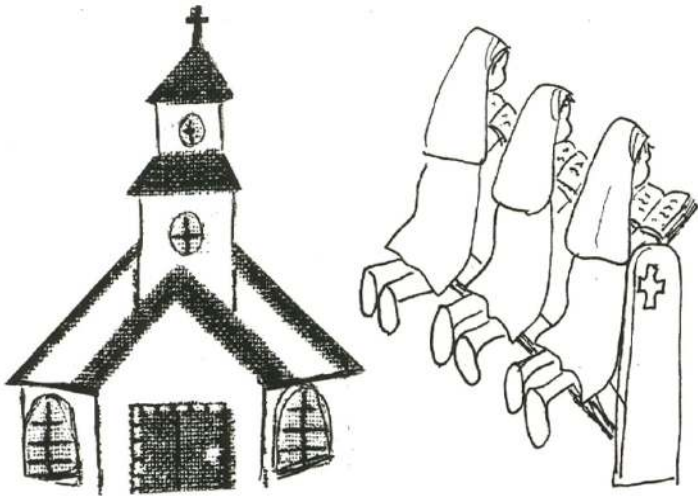
love - a strong liking

Jesus - God's Son and our brother

Joyfully - a feeling of happiness

What do you like doing? \_\_\_\_\_

Prayer is very important for the Sisters.  
Besides praying together twice a day  
in Chapel, they go to daily Mass in Church.  
The Sisters also pray for those  
who ask for their prayers.



Glossary:

Prayer - to talk to God

Chapel - a small Church to pray in

Mass - where a priest prays with  
the people and Eucharist is part of it

Who do you pray for? \_\_\_\_\_

## ?? Do you wonder???

- 1, What do you want to be when you grow up? \_\_\_\_\_  
\_\_\_\_\_
2. What are you looking for?  
\_\_\_\_\_  
\_\_\_\_\_
3. Have you thought about being a follower of Jesus? \_\_\_\_\_
4. What vocation will you choose?  
\_\_\_\_\_  
\_\_\_\_\_
5. Is Jesus asking you for something?  
\_\_\_\_\_  
\_\_\_\_\_
6. Is there a question you would ask a Sister if you could? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Each Sister is following her vocation. A vocation is a special plan God has for each person. The Sisters show this by their vows of poverty, chastity, and obedience. A gold ring on their finger lets others know of their vows.

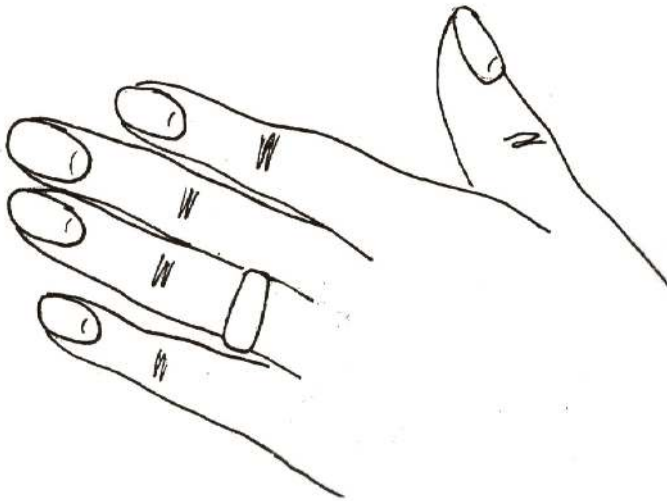
Glossary:

Vows - promises made to God

poverty - not collecting things for oneself

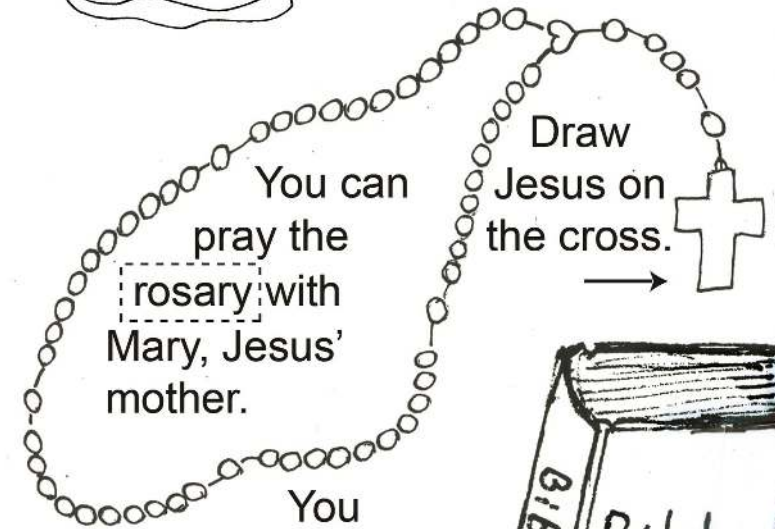
chastity - to love God above all others

obedience - be willing to do what is asked of you



Some ways you can grow closer to God and Jesus.

You can read about the saints and angels.



You can pray the rosary with Mary, Jesus' mother.

Draw Jesus on the cross.



You can listen to the Sunday readings from the Bible at Mass.



The Sister's clothes are called a habit. The habit is a blouse, a skirt, or a jumper. The skirt and jumper are black. The blouse can be white or black. A black veil is part of the habit, too.



Match the words to the clothes

blouse veil skirt jumper shoes

Glossary:

habit - the clothes worn by a Sister

veil - a piece of cloth to cover the head worn by women

What are your favorite clothes to wear?

---

---

Draw a picture of yourself wearing your favorite clothes.